

Registration and payment

Name:
Country:
Hospital:
Department:
Profession:
Telephone:
E-mail:
Accommodation: yes no
Transfer from Tallinn to Laulasmaa: yes no

For registration send e-mail to

triin.jakobson@kliinikum.ee
Registration deadline: 01.09.2014
Registration fee: 100€

Registration fee entitles

Admission to lecture sessions
Meals and coffee breaks as stated in the programme
Certificate of Attendance
Transfer from and/or to Tallinn

Bank details

Eesti Kliinilise Toitmise Selts
IBAN: EE081010220074883010
AS SEB Pank
Tornimäe 2, 15010 Tallinn, Estonia
Swift/ BIC: EEUHEE2X

Accommodation:

Laulasmaa Spa Hotel:
Double room single use 70€
Double room 35€
For booking please write to triin.jakobson@kliinikum.ee

ESTSPEN
Estonian Society for Parenteral and Enteral Nutrition



7th Baltic Club Course in Clinical Nutrition

26-27 September 2014

Venue: Laulasmaa Spa Hotel
Puhkekodu 4, Laulasmaa 76702,
Keila parish, Estonia

 **NUTRICIA**
Advanced Medical Nutrition

 **Fresenius
Kabi**

B | BRAUN
SHARING EXPERTISE

Faculty (in alphabetical order):

Dr. Michael Chourdakis (Greece)
Prof. Alastair Forbes (UK)
Dr. Ilze Jagmane (Latvia)
Dr. Triin Jakobson (Estonia)
Dr. Gintautas Kekstas (Lithuania)
Assoc. Professor Stanislaw Klek (Poland)
Dr. Tomasz Kowalczyk (Poland)
Prof. Zeljko Krznaric (Croatia)
Dr. Kinga Szczepanek (Poland)
Dr. Hanna-Liis Lepp (Estonia)
Prof. Remy Meier (Switzerland)
Prof. Lubos Sobotka (Czech Republic)
Prof. Joel Starkopf (Estonia)
Dr. Heli Säre (Estonia)

Welcome message

I am honoured to invite you to participate in the 7th Baltic Club Course of Clinical Nutrition which will be held near Tallinn in Laulasmaa, Estonia on 26-27 September 2014.

The first Baltic Club Course took place in Vilnius in 2008 and it has since been held annually in all Baltic countries - Latvia, Lithuania, Poland and Estonia.

The aim of the course is to provide up-to-date information about clinical nutrition in variety of clinical situations by internationally recognised specialists.

The meeting will be suitable for all interested in clinical nutrition - doctors, nurses, dieticians and pharmacists.

We look forward to welcoming you in Estonia.

Yours sincerely,
Dr. Triin Jakobson
President of Estonian Society for Clinical Nutrition

Programme

26.09.2014

10:00 - 12:00 Session I WELCOME AND INTRODUCTION TO CLINICAL NUTRITION

- Welcome (Dr. Triin Jakobson)
- History of the Baltic Club (Dr. Gintautas Kekstas)
- Malnutrition (Prof. Luboš Sobotka)
- Approach to EN (Dr. Tomasz Kowalczyk)
- Approach to PN (Dr. Ilze Jagmane)

12:00 - 12:30 Coffee break

12:30 - 14:00 Session II NUTRITION IN INTENSIVE CARE AND PERIOPERATIVE PERIOD

- Intraabdominal hypertension and gastrointestinal failure (Prof. Joel Starkopf)
- Nutrition in ICU (Dr. Gintautas Kekstas)
- Perioperative nutritional support (Assoc. Prof. Stanislaw Klek)
- Controversies in ICU nutrition (Dr. Triin Jakobson)

14:00 - 15:00 Lunch

15:00 - 16:30 Session III NUTRITION IN EXTREMITIES OF AGE AND WEIGHT

- Nutrition in children (TBC)
- Nutrition in elderly (Prof. Luboš Sobotka)
- Nutrition in obesity (Dr. Hanna-Liis Lepp)
- Nutrition in anorectic patients - MARSIPAN approach (Prof. Alastair Forbes)

16:30 - 17:00 Coffee break

17:00 - 18:30 Session IV NUTRITION AND ILLNESS I

- Compromised gut (Assoc. Prof. Stanislaw Klek)
- Nutrition and liver disease (Prof. Zeljko Krznaric)
- Nutrition and pancreatitis (Prof. Remy Meier)
- Home parenteral nutrition (Dr. Triin Jakobson)

27.09.2014

08:30 - 12:00 ESPEN Life Long Learning (LLL) course - Module 3 Nutritional assessment and techniques

12:00 - 13:00 Lunch

13:00 - 14:30 Session V NUTRITION AND ILLNESS II

- Nutrition and diabetes (Dr. Michael Chourdakis)
- Nutrition and cancer (Prof. Zeljko Krznaric)
- Monitoring and complications (Dr. Kinga Szczepanek)
- Nutritional support teams (Dr. Michael Chourdakis)

14:30 - 15:00 Coffee break

15:00 - 17:00 Session VI

- Clinical nutrition in animals (Dr. Heli Säre)
- Ethics in clinical nutrition (Prof. Alastair Forbes)
- Exam
- Closing remarks